



# ARISTO PUBLIC SCHOOL,

Senior Secondary School, Affiliated to CBSE, New Delhi

APS Avenue, Gadilam By-Pass Road, Thirupathiripuliyur, Cuddalore, TN, India



## Circular to the Parents of Class X&XII to prepare our students for **AISSE-2022/AISSCE-2022**

**Ref: APS-CUD/CBSE-1930255/2021-22/OSC/003/Disp.-003**

**Date:03/09/2021**

**Dear Parents,**

**Greeting from APS & All the Best for Examinations!!!**

*To face the challenges of 21<sup>st</sup> century, education should be competency based and we must create conducive environment for development of competencies among the students. Competency based Learning focuses on the student's demonstration of desired learning outcomes as central to the learning process. Learning outcomes are statements of what a learner is expected to know, understand and /or be able to demonstrate after completion of process learning and abilities that are expected, students will gain as a result of learning the activity. It is important that our students are able to think scientifically, mathematically or artistically to face the real-life challenges in an information and technology driven world and enhance their inherent potential.*

*We are very much aware that during the examination, children have some stress and anxiety about it. They are working hard for your AISSCE-2022 and Competitive Examination of NEET-2022 and JEE-2022 in the current Academic Year: 2021-22. They are required to take care of their health and must focus on their study as per the "My Day Planner" given to you and improve their performance in the coming Examinations. We will be conducting **Mid Term-1 Examination in the month of September 2021 with 50% Syllabus of Term-1. Pre-Board-1 Examination with the 70% Syllabus of Term-1 and Pre-Board-2 Examination with 100% Syllabus of Term-1 in the month of October 2021. Term-1 End (Semester End) Board Examination:2021 will be conducted in the month of November:2021 by the CBSE Board.***

*All students have the anxiety and desire to do well in common exams. "Students must bear in mind that the boards are just another exam and a lot easier than home exams too. Getting good grades is not rocket science. There are simple things you can do daily like following a regular schedule, solving full length sample paper each day in order to get the habit of sitting, writing & doing time management. This will help and gear them to know if they need to concentrate on speed or accuracy. There is ample time for you to revise and to be prepared. Eating healthy, drinking lot of liquid, sleeping properly and exercising daily must be a part of your routine. Relax, paint, draw, listen to music or engage in hobbies. Do not let the exam pressure get the better of you. Believe you are a winner and go out and do you best."*

*Parents and kids need to work together in life and not to loggerheads with each other. Trust your child to do well and build their confidence. They need support and encouragement from you. Give it to them as regular capsules. "Children on their part must work in all sincerity and must take up the habit of writing. Key concepts and main points must be written down chapter-wise, topic-wise and subject-wise while you revise and prepare. Do not be obsessed with just books and cut yourself off from relaxation. Use it judiciously and conservatively." A bit of anxiety is good. It keeps you on toes, which must be used as a stepping-stone to success. Prepare with free mind. For a student, understanding alone is not sufficient. Understanding also needs to be recalled at the right time- the time of examination. For this to happen, long-term learning is the only way to forward in life.*

*Exams whether of school **Mid Term Examinations, Pre-Board Examinations, CBSE Board (AISSE-2022/AISSCE-2022) Examination** or of any **competitive Examination** have grown into heavy pressure-giving event, which makes students, go through a lot of stress and anxiety. This can cause major mental health issues if allowed to develop. The fear of these exams casts dire consequences on students. The time, which the students could have used in having a focused preparation, goes wasted in worrying for the exams. Hence, the solution to this problem lies in systematic planning followed by actually making the plan work by following it.*



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**\*Plan an early revision:** *By now, students might have completed their curriculum and started revision. Practice, practice and do more practice by solving as much as questions and problems related to your subjects.*

**\*Plan a productive timetable:** *To start for a result-oriented preparation, formulation of a productive timetable is extremely necessary. Hence, the subjects that the students consider less prepared would rule their timetable. The students give more time to these disciplines. Draw plan for each day and each week. During their daily study, things like inclusion of breaks and their duration, addressing their other important jobs etc., will need students regulate them on daily basis. Hence, students must prepare themselves to deal with these each day. Also, students may try sticking to a schedule of fixing a few days or a week for each of their subjects. The approach will likely help them to complete their preparation in a timely manner.*

**\*Consider incorporation of more subjects into daily studies:** *Preparing for a single subject for hours and hours may get quite monotonous for students. Hence, they can consider extending their devotion to a few more subjects in a single day.*

**\* Prepare Notes:** *Preparing notes while studying will help the students immensely. These would provide them the facility of getting support as and when they desire. Try to make notes of important facts, formulae, unit conversions in the form of table, flowcharts, etc. Moreover, you can also use a highlighting pen for attracting their attention to words/phrases or (parts of) sentences they need to prepare, more quickly.*

**\*Practice solutions to question papers of previous years:** *Following such an exercise will provide the students the opportunities for refining their concepts. It will indicate their stand for the upcoming exams. The questions and problems in these papers will provide them almost the same environment as the actual exams will provide them. This is because they will reflect the same pattern as will be there in the exams. Furthermore, you can turn their study-room into a real exam-room if they stipulate their preparation with the general 3-hours limit. Such an arrangement would really provide them almost real outcomes regarding their preparation. Examination based materials like MTG, Exam Idea Previous Years' Questions Bank and Mock Test Papers series of various exams will be very helpful for students.*

**\*Schedule regular breaks, have a balanced meal and sleep well:** *The students must consider the size, number and the ways to spend their breaks, when giving breaks to their preparation. They can fully avail this liberty here! They must only be mindful of the fact that they need to maintain a good balance between their breaks and study session. The duration of the sleep may depend upon the requirements from student to student. Still, a 7-hour slumber would be an ideal one. Students must take a healthy meal filled with all the necessary five nutrients-protein, carbohydrates, fats, minerals and vitamins. Students must not compromise with the outcomes of their efforts on preparation, come what may! So, keep the stress aside, and get down to work!*

*Life is a continuous learning process and a school's real task is to make children capable to observe, explore and grow throughout their lives. And thus we at APS take special care of young learners to help them grow in every aspect. We go beyond books so that they learn from their lives experiences and come out as winners in all situations, truly making them learners for life. Stress and anxiety ride high as examination approaches. Board exams are probably the first Challenge children face among the many other challenges that will be thrown at them later in life. We need to build their communication, connect, conviction, collaboration and confidence now more than ever. A positive approach and efforts now will shape a lot more than their destiny.*



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*The School undergoes several changes as per the new guidelines of the CBSE, New Delhi and requirement for the development of skills in our students according to the National Education Policy-2020, adapting to the needs and demands of the changing times, yet firmly rooted to the Indian culture, ethics and values. Far-reaching technological and infrastructural facilities have been developed to enhance the teaching and learning process while retaining the student teacher's bond. The holistic development of each petal has been the driving force behind the education imparted here at APS.*

**Term-1 Examination System:** *Term-1 Examination would be conducted in the month of November –December 2021 in School itself according to the new Guidelines of CBSE. The Question Paper will have Multiple Choice Questions(MCQ) including case-based MCQs and MCQs on assertion-reasoning type. Duration of test will be 90 minutes and it will cover only the rationalised syllabus of term I only.(i.e. approx.. 50% of the entire syllabus. Question paper will be sent by the CBSE to school along with marking scheme. The exams will be conducted under the supervision of the External Center Superintendents and Observers appointed by CBSE. The responses of students will be captured on OMR sheets which, after scanning may be directly uploaded at CBSE portal or alternatively may be evaluated and marks obtained will be uploaded by the school on the very same day. The final direction in this regard will be conveyed to schools by the Examination Unit of the Board. Marks of the Term I Examination will contribute to the final overall score of students.*

**Term-2 Examination System:** *Term-2 Examination would be organized in the month of March – April 2022 based on the rationalized syllabus of Term II only (i.e approx. 50% of the entire syllabus). This examination would be held around March-April 2022 at the examination centres fixed by the Board The paper will be for 2 hours duration and have questions of different formats (case-based/ situation based, open ended-short answer/ long answer). In case the situation is not conducive for normal descriptive examination a 90minutes MCQ based exam will be conducted at the end of the Term II also. Marks of the Term II would contribute to the final overall score.*

*Kindly, prepare your ward for upcoming School based Mid Term Examinations, Pre-Board Examinations, and CBSE Board Based Examination AISSE-2022/AISSCE-2022 for Academic Year: 2021-2022 as per the schedule attached with this circular. Kindly make sure that your ward is studying minimum 4 to 5 hours per day at home and prepare for the Examination as per the syllabus of the CBSE Curriculum for All India Secondary School Examination-2022 already completed in online classes by the schoolteachers and given to your ward well in advance.*

*I request you to feel always comfortable to send your valuable feedback to us. We respect all our honourable parents and value their feedback to make our students best in academic performance and for the growth of our school in current academic year 2021-22.*

*I sincerely thank our respected parents for their continuous support to the ongoing transformation, adaptation and evolution of this institution.*

*Sir/Mam, I request you please take care of the health of your ward during the examinations. They should also take proper sleep at night. Motivate your ward to perform well and avoid giving them pressure. All the Best...*

**Thanking you,  
Regards**

**(Mathura Prasad Pandey)**

**Principal**

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## Examination System of X&XII for AISSE-2022/AISSCE-2022

Dear Parents,

Thank you very much for your continue support for conducting online classes in this COVID-19 Pandemic. Our Teachers and students have to be remain at home to prevent its spread in the community. It's great support from you for engaging our own children in learning with the help of multiple alternative way of learning at home through interesting activities. It is necessary because in the present environment of stress we have to not only keep our children busy but also to maintain continuity of Learning and Assessment in the present grade in the running academic year. Kindly prepare your son/daughter for the upcoming Examinations in the academic Year-2021-22 by providing best atmosphere at home to make them strong in all the subjects as per Examination Guidelines of the CBSE Board, New Delhi and develop Skills- Knowledge, Understanding, Application Skills, Higher Order Thinking Skills, Analysing Skill, Creative Skill. Please prepare your ward for the Board Examinations conducted by the CBSE, New as per the new guidelines of Scheme of Studies and according to the following schedule. Kindly make sure that your ward is studying independently minimum 4 to 5 hours at home and preparing for the examination as per the syllabus given to your ward by the teachers. Speaking Skill (Extempore, Speech, Poem Recitation, and Story Telling etc.), Listening Skill, Reading Habit Skill, Commentary, Creative Writing and Elocution test for English and 2<sup>nd</sup> Languages and Practical & Activity based Life Skills project work, Viva-Voce, in Science & Mathematics, Map Work and Role Play in Social Science would be conducted during regular online classes as per the guideline of the CBSE.

Conducting classes and Examination in a hassle free manner is serious responsibility. We have developed a system and processes to conduct Examination successfully with utmost diligence. With the latest pandemic threat, every process needs to be redefined to ensure strict compliance to all the required norms of the Social Distancing as per the guidelines of the Government. Amidst COVID-19 Pandemic, we have drawn up a comprehensive plan for conducting Examinations as per the following schedule. We are aware of the challenges during COVID-19 and will be able to address them in a timely manner with your support and collaboration.

We know that during the examination, children have some stress and anxiety about it. They are working hard for the upcoming Examination as per the syllabus given to them. You are required to take care of their health and they must focus on their study as per the "My Day Planner" given to you and improve their performance in the Examination and in the Board Examination that is to be conducted in the month of March/ April 2022. Kindly make them relax during the examinations and understand the following points to overcome from exam stress and anxiety and to achieve centum in their Board and Competitive Examinations as per the following schedule.

Let us prepare our children for the upcoming AISSE-2022/AISSCE-2022 and for Competitive Examinations like NEET/JEE by providing best atmosphere at school and home to make them strong in all the subjects as per Examination Guidelines of the CBSE Board, New Delhi.

### Mid Term-1 Examination of Classes X & XII for Academic Year: 2021-22

Date & Days	13.09.2021	15.09.2021	17.09.2021	20.09.2021	22.09.2021	24.09.2021
Class	Monday	Wednesday	Friday	Monday	Wednesday	Friday
Class-X	Regular Class	Mathematics	English	Social Science	2 <sup>nd</sup> Lang. (Tamil/Hindi )	Science
Class-XII Science	Biology	Physics	Computer Science / Agriculture	Chemistry	Mathematics	English
Class-XII Commerce	Regular Class	Accountancy	Economics	Business Studies	Mathematics / Inform. Techn.	English

### Pre-Board-1 Examination of Classes X & XII for Academic Year: 2021-22

Date & Days	01.10.2021	4.10.2021	6.10.2021	08.10.2021	11.10.2021	13.10.2021
Class	Friday	Monday	Wednesday	Friday	Monday	Wednesday
Class-X	English	Social Science	2 <sup>nd</sup> Lang. (Tamil/Hindi)	Science	Mathematics	Regular Class
Class-XII Science	English	Mathematics	Computer Science /Agriculture	Chemistry	Physics	Biology
Class-XII Commerce	English	Mathematics / Inform. Techn.	Economics	Business Studies	Accountancy	Regular Class



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## Pre-Board-2 Examination of Classes X & XII for Academic Year: 2021-22

Date & Days	18.10.2021	20.10.2021	22.10.2021	25.10.2021	27.10.2021	29.10.2021
Class	Monday	Wednesday	Friday	Monday	Wednesday	Friday
Class-X	2 <sup>nd</sup> Lang. (Tamil/Hindi)	Science	English	Mathematics	Social Science	Regular Class
Class-XII Science	Mathematics	English	Chemistry	Physics	Computer Science / Agriculture	Biology
Class-XII Commerce	Mathematics / Inform. Techn.	English	Business Studies	Accountancy	Economics	Regular Class

**\*Term-1 End (Semester-1 End) Board Examination of Grade X & Class XII for Academic Year 2021-22: The CBSE Board would conduct in the month of November-December-2021**

**Kindly Note:** Kindly motivate your ward to perform well in all the above examinations and AISSCE-2022

- School timings will be from 09:00 a.m.-05:30 p.m. during the Examinations of Academic Year:2021-22
- Kindly do not approach the principal for the preponement or postponement of any examination.
- No Examination will be taken either before or after the scheduled date.
- In case of Absence, no marks will be awarded and no exam will be taken later.
- In case of Sickness, the child can leave after appearing for the scheduled exam.

Let us work together and create a new Academic way of learning and Assessment atmosphere at home for conducting **Examinations for Academic Year: 2021-22 based on new guidelines of the CBSE Board, New Delhi.** Kindly take care of the health of your ward during the examination. They should take proper sleep also in night. Motivate your ward and avoid giving them pressure.

Wishing you all the best!!!

Thanking You,  
With Regards,

(Mathura Prasad Pandey)  
Principal  
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